

Dreamy Travel Guide

Scottish Highlands October Packing Checklist

Layers, waterproofs, footwear and day-bag essentials for an October Highlands trip.

1. Clothing

- ☐ Waterproof hooded jacket
- ☐ Fleece / warm mid-layer
- ☐ Everyday tops
- ☐ Breathable base layer(s) for active days
- ☐ Comfortable trousers
- ☐ Quick-dry walking trousers if needed
- ☐ Underwear + sleepwear
- ☐ Warm hat
- ☐ Gloves
- ☐ Scarf / neck gaiter (optional)
- ☐ Everyday socks
- ☐ Walking socks

2. Footwear

- ☐ Comfortable everyday footwear
- ☐ Grippy walking footwear if trails are planned
- ☐ 3–5 pairs of socks (extra for wet days)

3. Day bag essentials

- ☐ Small backpack (15–25L)
- ☐ Water
- ☐ Snacks
- ☐ Power bank + cable
- ☐ Offline maps / saved tickets
- ☐ Medication
- ☐ Sunglasses
- ☐ Small bag for wet items

4. Add for hill days

If your route enters winter conditions, this list is not sufficient.

- ☐ Waterproof trousers
- ☐ Spare warm layer
- ☐ Headtorch + backup power/light
- ☐ Map + compass
- ☐ First-aid basics
- ☐ Whistle
- ☐ Emergency bag/shelter as appropriate
- ☐ Extra food + water
- ☐ Route/return plan shared with someone

5. Final packing test

- ☐ If it rains for three hours, can I stay reasonably dry?
- ☐ If the wind makes it feel much colder, can I add warmth?
- ☐ Am I carrying the important items when I leave the accommodation, not just owning them?

DreamyTravelGuide.com • Match kit to conditions and route — check the forecast before outdoor and hill days.